



WOMEN'S MEDICAL GROUP
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Vaginal Birth After Cesarean (VBAC) Consent

As you know, there are risks to all pregnancies and deliveries. There are specific risks to vaginal delivery after a previous cesarean section (VBAC). We want to be certain that you clearly understand these risks. Please initial each statement below after you read it to indicate your understanding.

___ I understand that approximately 60-70% of women who attempt VBAC have a vaginal delivery.

___ I understand that VBAC carries a lower risk to me than a cesarean delivery. The benefits include decreased blood loss, decreased post delivery complications and a shorter recuperation.

___ I understand that the risk of uterine rupture during a VBAC is at least 1%.

___ I understand that VBAC is associated with a higher risk to my baby than to me.

___ If my uterus ruptures during VBAC, I understand that no matter how rapidly a cesarean section is done, my baby may have permanent brain damage or may die.

___ The frequency of death or permanent brain damage after uterine rupture has been reported to be as high as 50%, so there is up to a 1 in 200 chance of permanent brain damage or death of my baby during a VBAC.

___ The risks to me of uterine rupture include but are not limited to hysterectomy, blood transfusion, infection, injury to bowels, bladder, ureter, blood coagulation defects or death.

___ Patients should NOT attempt VBAC if they have a previous classical cesarean section, multiple gestation, breech, OR IF THE PATIENT IS UNWILLING TO ASSUME THE ADDED RISKS ASSOCIATED WITH THE TRIAL OF LABOR FOR THEMSELVES AND THEIR BABY.

___ I understand that if I choose a VBAC and end up having a cesarean during labor, I have a greater risk of problems than if I have an elective repeat cesarean.

___ I have read and understand all of the above information. My questions have been answered and I have received all the information I need to make an informed choice after discussing my options with my doctor.

___ I UNDERSTAND THAT MY DOCTOR MAY NOT BE AVAILABLE WHEN I GO INTO LABOR.

___ I UNDERSTAND THAT SOME DOCTORS DO NOT PERFORM VBACS. IF MY DOCTOR IS NOT IMMEDIATELY AVAILABLE WHEN I GO INTO LABOR, I AGREE TO AN IMMEDIATE CESAREAN SECTION BY THE DOCTOR ON CALL.

Patient's Signature: _____ Date: _____

Witness: _____ MD: _____