



Infertility Consultation and Referral Services

Infertility is associated with many emotional issues. Most infertile couples experience anxieties, frustrations and depression as they have lost control over this very significant segment of their lives. Many are concerned about their age and their “biological clock” and have fears that they may never conceive. They need to have an opportunity to voice their concerns and frustrations. For these reasons consultations are usually scheduled after every three unsuccessful cycles. The treatment plan is reviewed, adjusted and modified as needed. Counseling and discussions of their fears and their expectations are an important part of the consultation. Timely referrals for I.V.F and other advanced reproduction technologies are given. Often, referrals to psychologists or support groups help couples cope with their infertility.

It is important for the couple to understand that even though anxiety is very common, there is no evidence that anxiety is cause of infertility.