

Fertility & Reproductive Health

2581 Samaritan Drive

San Jose, CA

408-358-2500

SEMEN TESTS ARE SCHEDULED BY APPOINTMENT ONLY.

Please call as soon as possible for timely service. The lab is open from 8:00 am to 4:30 pm Monday through Thursday. Appointments for semen analysis are from 8:00 am to 3:00 pm. Appointments are scheduled on the hour. To cancel or reschedule an appointment, please notify the lab 24 hours in advance of the appointed time. There is a charge for missed appointments.

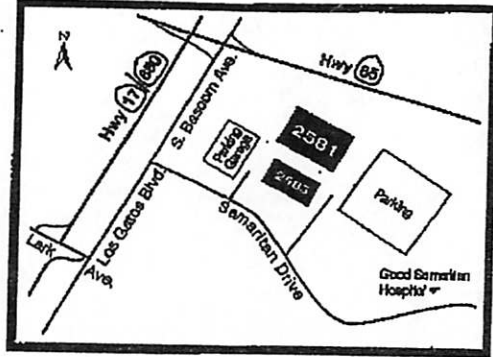
INSTRUCTIONS FOR SEMEN COLLECTION

1. Abstain from sexual intercourse and ejaculation for 48 hours (2 days and 2 nights). It is not recommended to abstain longer than 5 days before collection.
2. Urinate, then wash and rinse hands and penis thoroughly.
3. The specimen is obtained by masturbation, ejaculated directly into the provided sterile container. Do not use a condom. It is important that the ejaculation is complete and that the entire specimen is collected.
4. Replace the lid and fasten tightly. **LABEL THE CONTAINER** as follows: **PATIENT'S NAME**, the **DATE** of collection, and the **EXACT TIME** of collection. Place the label on the side of the container, not the lid.
5. Deliver the specimen to the lab within **30 MINUTES** of collection, keeping the specimen at body temperature by keeping it within the clothing, preferably next to the skin. If the delivery within 30 minutes is not possible, the specimen may be collected at the lab's comfortable and private collection facility.
6. Fees for semen tests are payable at the time of service. We will provide you with an itemized statement which you may submit to your insurance company.



Fertility and Reproductive Health Institute of Northern California

2581 SAMARITAN DRIVE, SUITE 306
SAN JOSE, CA 95124-4108
408/402-9210
FAX: 408/356-8954



Patient: _____ DOB: _____

Spouse: _____

Procedure Date: _____ Physician: _____

APPOINTMENTS ARE REQUIRED FOR ALL LAB TESTS.

Please call at your earliest convenience to schedule an appointment. The lab is open from 8 AM to 5 PM daily, Monday through Friday.

Procedure(s) -- Please Check

- Sperm Wash (Density Gradient)
- Quantitative HCG
- Frozen Sperm Wash
Specimen # _____
- FSH
- Complete Semen Analysis
- Prolactin
- Sperm Cryopreservation
- Free T4
- Chlamydia Assay
- TSH
- Mycoplasma/Ureaplasma Culture
- Progesterone
- Semen Culture
- _____
- Serum Estradiol
- _____
- _____

Evaluation of semen fertility
Z 31.41
Male infertility
N 46.9

Comments: _____

Signature: _____ Date: _____

FRHI LAB

Jun. 7. 2012 8:11AM