



Diabetes and Pregnancy Screening

With your first prenatal blood draw, you will have a Hemoglobin A1c drawn. If the value is normal (less than 5.6%), no further testing will be done until 24-28 weeks.

Between 24 and 28 weeks, you should do a two hour 75 gram glucose tolerance test. You will have a fasting blood test, and then drink a 75 gram sugar drink. Your blood will be drawn again at one hour and two hours after the drink for a total of three blood draws. You may not eat, drink, or chew gum for 12 hours prior to the test. You may drink water.

Gestational diabetes is defined as one abnormal value. If you have gestational diabetes, you will be referred by us to Sweet Success for nutritional education and diabetes training (408) 371-7111.

You may take the 2 hour GTT test at any laboratory that is convenient. Both Quest and Hunter have Saturday hours. For locations, call:

Quest Laboratory: (800) 377-8448 or http://www.questdiagnostics.com/hcp/psc/jsp/hcp_psc_index.jsp
Quest requires an appointment.

Hunter Laboratory: (800) 762-9722 or <http://www.hunterlabs.com/patientservicecenters.html>

One Hunter Laboratory open on Saturday is located next to Los Olivos at 15195 National Blvd. Suite 205 (hours 8 AM to 1 PM).