



Good Samaritan Hospital Pre-Admission Testing Information

Pre-admission testing is required for most major surgeries performed at Good Samaritan Hospital. This testing needs to be done one to five days prior to the procedure. No appointment is necessary and there is no need to fast. The pink patient copy of the “Pre-Admission Testing Form” that was sent to you lists the tests that have been ordered for you. The Clinical Testing Center is open 8:00 AM to 5:00 PM, Monday through Friday, and is the most efficient way to complete your tests. Check in with Admissions in the main lobby. Testing can also be completed after hours through the Admissions Department (559-2323). Please bring a copy of your insurance card and identification. Do not remove any identification bands placed on your wrist by the laboratory until after your discharge from the hospital. Good Samaritan Hospital is located at 2425 Samaritan Drive, San Jose, CA 95124. Phone (408) 559-2011, website: www.goodsamsj.org

You will receive several phone calls from Good Samaritan personnel prior to your surgery. Admitting (559-2323) will call you to verify your insurance and benefits. The pre-op department will call to interview you about your health and give you instructions about your surgery. You may call pre-op 2-4 days prior to your procedure at 559-2462 (9:00 AM to 5:00 PM) to facilitate this. Allow 15-30 minutes for this call. Your anesthesiologist will receive your health information from pre-op and may call you the evening prior to your surgery. If you will be at a different phone number than listed with admissions, please call the anesthesia office (354-2114) to update your contact number. If you do not receive a call, the anesthesiologist will speak with you in the morning.

Prior to Surgery

- Complete pre-admitting testing 1-5 days before your surgery. Please bring any papers given to you by your physician, insurance cards and identification.
- Do not eat, drink or chew gum for eight hours before your procedure, unless instructed otherwise by your anesthesiologist or surgeon. The exception is for any medications that you take on a regular basis (high blood pressure, heart medications, etc.) Your usual medications should be taken in the morning with a sip of water.
- Avoid use of non-steroidal anti-inflammatory drugs like Ibuprofen, Advil, Motrin, Aleve, Naprosyn, Celebrex or any others in this family of medication for one week prior to the surgery.
- Stop all herbal medications 2 weeks prior to surgery.

Day of Surgery

- Wear comfortable clothing.
- Do not eat or drink anything (not even water or gum) on the morning of surgery.
- Leave all jewelry and valuables at home.
- If you are having outpatient surgery, you will need a ride home after the procedure. We recommend that your ride stay at the facility during the procedure.
- You must have a responsible adult at home with you for 24 hours after surgery.

Bring with You

- Your current medications in their original bottles.
- Your glasses or contacts and case.

Please read “Preparing for Surgery” prior to the pre-op appointment with your doctor. Information about “A Patient’s Guide to Blood Transfusion” is also included. You can access information about Group Anesthesia Services at www.groupanesthesia.com. The Surgical Financial Agreement as information obtained from your insurance company about your surgeon’s charges. Please call Denny Gibo, surgery scheduler at (408) 358-4849 or email at dgibo@lowmg.com for further assistance.