

# PREOPERATIVE DRUG MANAGEMENT

DAY OF SURGERY DRUG MANAGEMENT	CONTINUE	HOLD
Beta Blockers	X	
Statins	X	
Calcium channel blockers	X	
ACEi and ARBs (“-prils” and “-artans”)	Continue for eye MAC	Hold for 36-48H all other surgeries
Alpha2 agonists (e.g. Clonidine)	X	
Diuretics		X
Insulin	a)	
Oral diabetes medications		a)
PPIs and H2-blockers	X	
NSAIDs		X
Aspirin	b)	
Clopidogrel (Plavix) and Effient (Prasugrel)		b)
Anticoagulants (e.g. Coumadin, Pradaxa, Xarelto, Eliquis)		b)
Anti-rejection medications	X	
Opiates	X	
Antidepressants (except MAO)	X	
Dietary supplements		X
a) See separate sheet for diabetes meds for non-cardiac cases. For cardiac cases, hold oral diabetic meds.		
b) Consult anesthesiologist/preop NP		

Hold for 48H or 2 DAYS =  
 Hold day of surgery and day prior to surgery.

NPO GUIDELINES*
Clear liquids: > 2 hours
Breast milk: > 4 hours
Infant formula: > 6 hours
Light meal (toast): > 6 hours
Heavy meal (meat, fried or fatty food): > 8 hrs
*For healthy patients with normal gastric emptying.

**GENERAL GUIDELINES FOR ANTIPLATELET/ANTICOAGULANT THERAPY – PLEASE DO NOT ADVISE PATIENT** about the management of the following medications. These issues should always be escalated to pre-op NP or anesthesiologists when it falls outside of this guideline.

Anticoagulant	Last Dose Prior to Surgery
Warfarin (Coumadin)	Generally 5 days
Unfractionated heparin	IV 2-6 hours
LMWH (Lovenox)	24 hours
Fondaparinux (Arixtra)	36-48 hours
Dabigatran (Pradaxa)	1-2 days with CrCl >50, 3-5 days with CrCl <50
Rivaroxaban (Xarelto)	1 day with normal CrCl, 2 days with CrCl 60-90, 3 days with CrCl 30-59, 4 days with CrCl 15-29
Apixaban (Eliquis)	2 days with CrCl >60, 3 days with CrCl 50-59, 5 days with CrCl 20-49

CONTINUE ASPIRIN for pts with:
<ul style="list-style-type: none"> <li>Coronary Artery Disease</li> <li>Hx of CVA/Stroke</li> <li>Heart Failure</li> <li>Insulin-Dependent Diabetes Mellitus (IDDM)</li> <li>Chronic Renal Insufficiency with Creat &gt; 2.0</li> </ul>
Otherwise, stop Aspirin 7 days before the procedure

STOP PLAVIX (clopidogrel) 7 days before the procedure
Hold elective surgery for patients who had
<ul style="list-style-type: none"> <li>Angioplasty &lt; 2 weeks</li> <li>Bare metal stent &lt; 4 weeks</li> <li>Stroke or MI w/o revascularization &lt; 8 weeks</li> <li>Drug eluting stent &lt; 6 months (*may consider after 3 months)</li> </ul>